

# Safety, Pharmacokinetics, and Mosquito-Lethal Effects of Ivermectin in Combination With Dihydroartemisinin-Piperaquine and Primaquine in Healthy Adult Thai Subjects

Kevin C. Kobylinski<sup>1,2,\*</sup>, Podjane Jittamala<sup>3,†</sup>, Borimas Hanboonkunupakarn<sup>4,5</sup>, Sasithon Pukrittayakamee<sup>4,6</sup>, Kanchana Pantuwatana<sup>1</sup>, Siriporn Phasomkusolsil<sup>1</sup>, Silas A. Davidson<sup>1,2</sup>, Markus Winterberg<sup>5,7</sup>, Richard M. Hoglund<sup>5,7</sup>, Mavuto Mukaka<sup>5,7</sup>, Rob W. van der Pluijm<sup>5,7</sup>, Arjen Dondorp<sup>5,7</sup>, Nicholas P.J. Day<sup>5,7</sup>, Nicholas J. White<sup>5,7</sup> and Joel Tarning<sup>5,7</sup>

Mass administration of antimalarial drugs and ivermectin are being considered as potential accelerators of malaria elimination. The safety, tolerability, pharmacokinetics, and mosquito-lethal effects of combinations of ivermectin, dihydroartemisinin-piperaquine, and primaquine were evaluated. Coadministration of ivermectin and dihydroartemisinin-piperaquine resulted in increased ivermectin concentrations with corresponding increases in mosquito-lethal effect across all subjects. Exposure to piperaquine was also increased when coadministered with ivermectin, but electrocardiograph QT-interval prolongation was not increased. One subject had transiently impaired liver function. Ivermectin mosquito-lethal effect was greater than predicted previously against the major Southeast Asian malaria vectors. Both *Anopheles dirus* and *Anopheles minimus* mosquito mortality was increased substantially (20-fold and 35-fold increase, respectively) when feeding on volunteer blood after ivermectin administration compared with *in vitro* ivermectin-spiked blood. This suggests the presence of ivermectin metabolites that impart mosquito-lethal effects. Further studies of this combined approach to accelerate malaria elimination are warranted.

## Study Highlights

### WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?

✓ Ivermectin kills the Anopheline malaria vector and mass drug administration (MDA) can suppress malaria transmission. Ivermectin could be combined with antimalarial drug MDA, but safety evaluations are limited.

### WHAT QUESTION DID THIS STUDY ADDRESS?

✓ This study assessed the safety, tolerability, pharmacokinetic interaction, and mosquito-lethal effect of combinations of ivermectin, dihydroartemisinin-piperaquine, and primaquine in healthy Thai adults.

### WHAT DOES THIS STUDY ADD TO OUR KNOWLEDGE?

✓ A drug–drug interaction occurred during the coadministration of ivermectin and dihydroartemisinin-piperaquine,

leading to increased ivermectin concentrations and mosquito-lethal effects, with transaminase rises in one subject. The exposure to piperaquine was increased when co-administered with ivermectin, but was not associated with increased QT-interval prolongation. *Anopheles dirus* and *Anopheles minimus* mosquito mortality was substantially increased when fed volunteer blood after ivermectin administration compared with ivermectin-spiked blood, potentially explained by ivermectin metabolites with mosquito-lethal effects.

### HOW MIGHT THIS CHANGE CLINICAL PHARMACOLOGY OR TRANSLATIONAL SCIENCE?

✓ There may be slowly eliminated ivermectin metabolites with mosquito-lethal activities. Ivermectin plus dihydroartemisinin-piperaquine MDA could be used for malaria elimination but potential for hepatotoxicity needs further study.

<sup>1</sup>Department of Entomology, Armed Forces Research Institute of Medical Sciences, Bangkok, Thailand; <sup>2</sup>Entomology Branch, Walter Reed Army Institute of Research, Silver Spring, Maryland, USA; <sup>3</sup>Department of Tropical Hygiene, Faculty of Tropical Medicine, Mahidol University, Bangkok, Thailand; <sup>4</sup>Department of Clinical Tropical Medicine, Faculty of Tropical Medicine, Mahidol University, Bangkok, Thailand; <sup>5</sup>Mahidol-Oxford Tropical Medicine Research Unit, Faculty of Tropical Medicine, Mahidol University, Bangkok, Thailand; <sup>6</sup>The Royal Society of Thailand, Dusit, Bangkok, Thailand; <sup>7</sup>Centre for Tropical Medicine and Global Health, Nuffield Department of Clinical Medicine, University of Oxford, Oxford, UK. \*Correspondence: Kevin C. Kobylinski ([kobylinsikevin@yahoo.com](mailto:kobylinsikevin@yahoo.com))

<sup>†</sup>These authors contributed equally to this work.

Received August 7, 2019; accepted October 15, 2019. doi:10.1002/cpt.1716

Novel control and elimination measures are needed urgently to contain artemisinin and partner drug resistance in the Greater Mekong Subregion (GMS). With new drugs still years away, it is proposed that this can be achieved only by elimination of *Plasmodium falciparum* from the region.<sup>1</sup> In recent years, mass drug administrations (MDAs) using the artemisinin-based combination therapy (ACT) dihydroartemisinin-piperazine with primaquine have been evaluated throughout the GMS.<sup>2,3</sup> Dihydroartemisinin rapidly clears *Plasmodium*-infected individuals of the majority of their asexual parasites, and piperazine eliminates the residuum to prevent recrudescence infections while providing post-treatment prophylaxis for ~ 1 month, which prevents new blood stage infections.<sup>6,7</sup> Single low-dose primaquine is added to kill late-stage gametocytes and prevent onward transmission from infected individuals to *Anopheles* mosquitoes.<sup>8,9</sup> However, none of these drugs affects infection rates in the extant, already infected *Anopheles* population,<sup>11</sup> which will continue to transmit malaria parasites.

*Anopheles* mosquitoes in the GMS typically feed outdoors, thereby evading classic control efforts, insecticide-treated bed nets, and indoor residual spraying with insecticides.<sup>12,13</sup> *In vitro* assays demonstrate that ivermectin, at human-relevant concentrations, is lethal to the two primary malaria vectors in the GMS, *Anopheles dirus* and *Anopheles minimus*.<sup>15</sup> Because ivermectin kills mosquitoes following the point of human-vector contact, ivermectin MDA is a novel vector control tool that targets outdoor malaria transmission directly. In West Africa, ivermectin MDA has been shown to kill wild *Anopheles*, shift the mosquito population age structure, interrupt mosquito transmission,<sup>16</sup> and reduce clinical incidence of *P. falciparum*.<sup>17</sup>

Combining ivermectin with antimalarial MDA would be a novel way to reduce transmission of *Plasmodium* parasites, as it targets the malaria parasite in the host and mosquito vector. MDA coverage rarely reaches 100% of the eligible population, adherence may be poor, and malaria asymptomatic or healthy people may not perceive a direct personal benefit from participation in ACT-based MDAs.<sup>18</sup> However, experience in Africa shows that people do recognize direct personal benefits from participating in ivermectin MDAs because the drug affects several neglected tropical diseases,<sup>19</sup> which are common in malaria-endemic areas.<sup>20</sup> Thus, combining ivermectin with ACT MDAs may both improve overall health outcomes and MDA acceptability. This trial assessed the safety, tolerability, pharmacokinetic interactions, and mosquito-lethal effect of combinations of ivermectin, dihydroartemisinin-piperazine, and primaquine in healthy adult Thai subjects.

## MATERIALS AND METHODS

### Study design

The study was an open label, single dose, sequential trial, with oral administration of ivermectin, dihydroartemisinin-piperazine, and primaquine, alone and in combination. Seven drug regimens were evaluated: ivermectin (400 µg/kg) alone, dihydroartemisinin-piperazine (120/960 mg) alone, primaquine (30 mg) alone, dihydroartemisinin-piperazine plus primaquine, ivermectin plus primaquine, ivermectin plus dihydroartemisinin-piperazine, and ivermectin plus dihydroartemisinin-piperazine plus primaquine. Sixteen healthy adult male and female Thai subjects between

18 and 60 years of age were recruited. The sample size was based on prolongation of the QT-interval. See **Text S1** for further detail.

### Safety analysis

Safety was analyzed based on adverse events (AEs), physical examination, vital signs, clinical laboratory parameters, 12-lead electrocardiogram findings, and methemoglobin levels. See **Text S1** for further details.

### Pharmacokinetic analysis

Blood samples were collected at 0 (predose), 0.5, 1, 1.5, 2, 3, 4, 6, 8, 12, and 24 hours and on days 2, 3, 6, 10, 14, 21, and 35. All drug analyses were performed using validated high-performance liquid chromatography linked with tandem mass spectrometry.<sup>21,22</sup> Individual subject drug concentration-time data were evaluated using a noncompartmental approach. Pharmacokinetic parameter estimates from the different regimens were analyzed using a bioequivalence function (i.e., log-transformed pharmacokinetic exposure parameters peak plasma concentration ( $C_{max}$ ) area under the concentration-time curve from time zero to the last measured concentration ( $AUC_T$ ) and time to maximum concentration ( $T_{max}$ )) were used to assess the drug when administered alone vs. that in combination. See **Text S1** for further details.

### Mosquito survival analyses

*Anopheles dirus* s.s. and *An. minimus* s.s. were reared as described previously.<sup>23</sup> Whole blood samples were collected in sodium heparin tubes at 0, 4, and 24 hours, and on days 2, 3, 6, and 10 from all drug regimens that contained ivermectin, and blood fed to mosquitoes. See **Text S1** for further details.

## RESULTS

### Subjects

Sixteen healthy subjects were enrolled in the study (7 men and 9 women). At baseline, women had significantly higher body mass index, whereas men had significantly higher hemoglobin, albumin, and serum creatinine levels (**Table 1**). All the volunteers completed the study protocol and were included in the safety, mosquito survival, and pharmacokinetic analyses.

**Table 1** Baseline demographics of study participants

Demographics	Male (n = 7)	Female (n = 9)
Age (year)	32 (29, 36)	37 (32, 48)
Weight (kg)	62.9 (56.9, 69.8)	62.9 (56.6, 72.8)
Body mass index (kg/m <sup>2</sup> ) <sup>a</sup>	21.5 (20.0, 22.3)	23.3 (23.1, 27.6)
Hemoglobin (g/dL) <sup>a</sup>	14.4 (13.7, 15)	12 (11.5, 12.6)
Creatinine (mg/dL) <sup>a</sup>	0.87 (0.8, 0.93)	0.63 (0.62, 0.75)
Albumin (g/dL) <sup>a</sup>	4.6 (4.5, 4.6)	4.3 (4.2, 4.4)
Aspartate transaminase (IU/L)	21 (17, 23)	15 (15, 17)
Alkaline phosphatase (IU/L)	18 (16, 19)	12 (11, 14)
Alkaline phosphatase (IU/L)	64 (48, 89)	57 (50, 71)
Total bilirubin (mg/dL)	0.7 (0.6, 0.9)	0.4 (0.3, 0.5)
QTcF interval (ms)	411 (407, 426)	414 (411, 416)

Data are reported as median (interquartile range) unless otherwise specified. IU/L, international units per liter; QTcF, Fridericia-corrected QT-interval.

<sup>a</sup>Significant differences ( $P < 0.01$ ) in baseline characteristics between male and female volunteers.

## Safety analysis

The drugs were well-tolerated. No clinically significant changes in the physical examination or vital signs were observed during the course of the study. All subjects had methemoglobin levels below 2.1% at all times during the study.

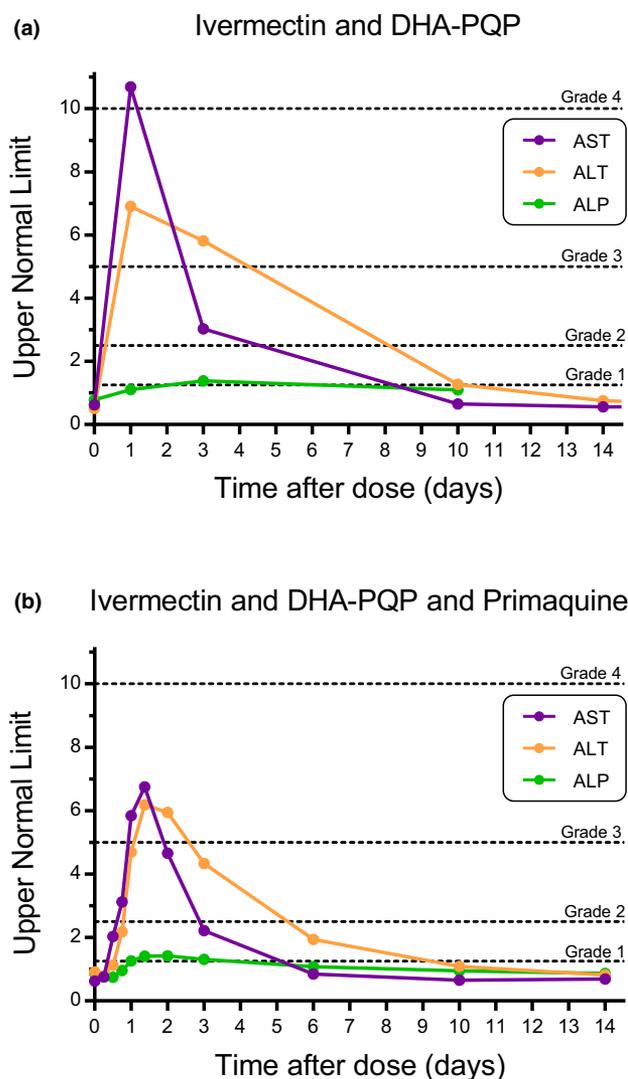
Two severe adverse events were reported in two subjects. One male subject was hospitalized due to dengue infection, considered unrelated to the study drug or procedures. One 40-year-old female subject had transient elevation of liver enzymes when given ivermectin plus dihydroartemisinin-piperazine; her aspartate aminotransferase (AST) levels rose 10.7-fold (grade 4) above the upper limit of normal (ULN), deemed a severe adverse event by Division of Acquired Immunodeficiency Syndrome toxicity grading,<sup>24</sup> her alanine transaminase (ALT) rose 6.9-fold above the ULN (grade 3) and alkaline phosphatase (ALP) 1.4-fold above the ULN (grade 1). Following ivermectin plus dihydroartemisinin-piperazine plus primaquine administration her AST rose 6.8-fold above the ULN (grade 3), her ALT was 6.2-fold above the ULN (grade 3), and ALP was 1.4-fold above the ULN (grade 1; **Figure 1**). This was considered linked to study drug combinations. All values returned to normal within 10 days (**Figure 1**). There was no increase in total bilirubin and so no violation of Hy's Law. She had taken no concomitant medication, was negative for hepatitis A/B/C, had a normal serum lipid profile, and normal hepatobiliary ultrasound. Four other AEs (grade 1) related to liver function tests were observed in other volunteers but each was detected before drug administrations and so considered unrelated to study medications (**Figure S1**). For all other volunteers, there were no significant differences in mean rise in liver function test values from baseline (0 hour) to 24 hours post-drug administration between treatment regimens for AST ( $F$  value = 0.95;  $P = 0.4630$ ), ALT ( $F$  value = 1.14;  $P = 0.3428$ ), ALP ( $F$  value = 0.27;  $P = 0.9507$ ), direct bilirubin ( $F$  value = 0.67;  $P = 0.6731$ ), or total bilirubin ( $F$  value = 0.8;  $P = 0.5692$ ; **Figure S1**).

During the study, 51 nonhepatobiliary AEs were reported by 14 subjects and all were considered unrelated to the study drugs. The most common other AEs were infections, mostly acute febrile illnesses and common colds (**Table S1**). All AEs resolved completely.

Observed QT-intervals were correlated significantly with heart rate. The commonly used Fridericia-correction (correction factor of 0.333) and Bazett-correction (correction factor of 0.500) did not resolve this correlation fully (**Figure S2**). Thus, all QT measurements and corresponding heart rates were used to estimate an optimal study-specific correction factor, resulting in an optimal correction factor of 0.428. No subject developed a prolongation of study-specific corrected QT-intervals (QTcS) of >60 ms or had an absolute value above 500 ms, two criteria often used to indicate an increased risk of Torsade des Pointes. There was a significant correlation between  $\Delta$ QTcS and piperazine concentrations in all piperazine cohorts but no significant relationship with ivermectin or primaquine concentrations (**Figure 2**). Administration of dihydroartemisinin-piperazine alone resulted in a 2.94 (95% confidence interval (CI) 1.91–3.62) millisecond prolongation of QTcS-intervals per 100 ng/mL increase in piperazine plasma concentrations. Coadministration of ivermectin and/or primaquine did not augment this (**Figure 2**). There were no significant differences in maximum  $\Delta$ QTcS between piperazine groups using a paired analysis of variance (ANOVA;  $P = 0.2358$ ).

## Pharmacokinetic analysis

There was no significant difference in ivermectin exposure between male and female subjects ( $P > 0.05$ ). All drug–drug interactions are illustrated in **Figure 3** and summarized in **Table S2**. Pharmacokinetic parameter estimates, stratified by treatment regimen, are summarized in **Table S3**. In brief, coadministration of dihydroartemisinin-piperazine and ivermectin resulted in a significant increase in peak concentrations and overall exposure to ivermectin ( $C_{\max}$ : 27.3%;  $AUC_T$ : 33.1%). This drug–drug interaction was augmented when ivermectin was given with both dihydroartemisinin-piperazine and primaquine ( $C_{\max}$ : 31.9%;  $AUC_T$ : 54.4%). Coadministration with primaquine had no significant

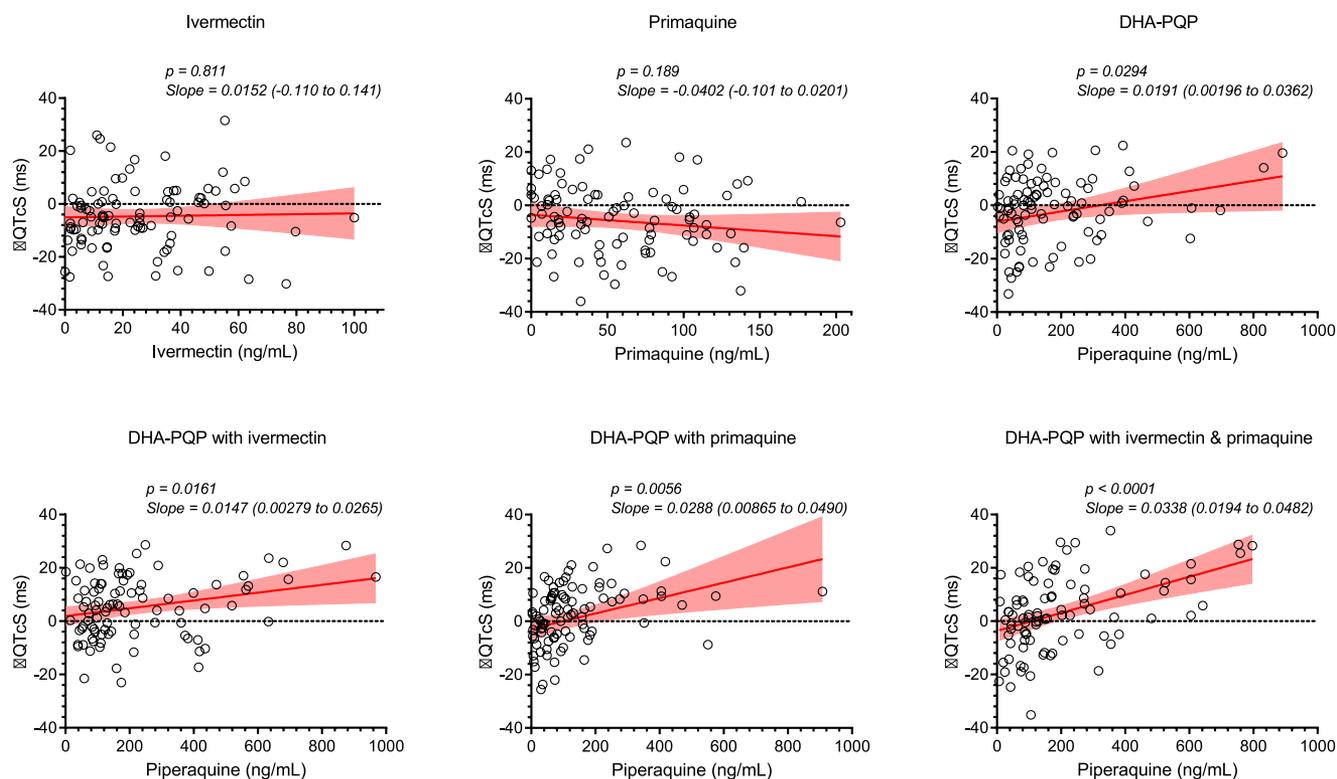


**Figure 1** Liver enzymes associated with drug administration of ivermectin, dihydroartemisinin-piperazine, and primaquine in one subject. Aspartate transaminase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP) values in one female volunteer following administration of (a) ivermectin plus dihydroartemisinin-piperazine (DHA-PQP) and (b) ivermectin plus DHA-PQP plus primaquine. Dashed lines demarcate adverse events grading scale for female subjects at Mahidol Hospital for Tropical Diseases.

impact on the pharmacokinetic properties of ivermectin, other than a small but clinically insignificant reduction in the time to peak concentrations ( $T_{\max}$ : -14.7%).

The pharmacokinetic properties of piperazine were influenced by coadministration of ivermectin, resulting in substantially increased peak concentrations of piperazine ( $C_{\max}$ : 61.1%). Coadministration of primaquine had no effect on the pharmacokinetic properties of piperazine, but coadministration of both primaquine and ivermectin significantly increased peak piperazine concentrations and overall exposure ( $C_{\max}$ : 40.3%;  $AUC_T$ : 26.9%).

The pharmacokinetic properties of dihydroartemisinin were not affected by coadministration of ivermectin, or both ivermectin and primaquine. However, coadministration of primaquine alone slightly reduced peak dihydroartemisinin concentrations and overall exposure ( $C_{\max}$ : 21.9%,  $AUC_T$ : -20.1%).



**Figure 2** Electrocardiographic effects, stratified by treatment regimen. Open circles represent observed study-corrected QT-interval prolongations ( $\Delta$ QTcS) and associated measured drug concentrations at those particular time points. Solid red lines represent the mean regression line and the shaded areas represent the 95% confidence interval of the mean slope. Dashed black lines represent zero  $\Delta$ QTcS effect. DHA-PQP, dihydroartemisinin-piperavaquine.

No significant impact was seen on the pharmacokinetic properties of primaquine when co-administered with ivermectin, except a reduction in the time to peak concentrations ( $T_{max}$ : -30.5%). Peak primaquine concentrations were slightly increased with coadministration of dihydroartemisinin-piperavaquine ( $C_{max}$ : 16.7%) and with both dihydroartemisinin-piperavaquine and ivermectin ( $C_{max}$ : 25.0%).

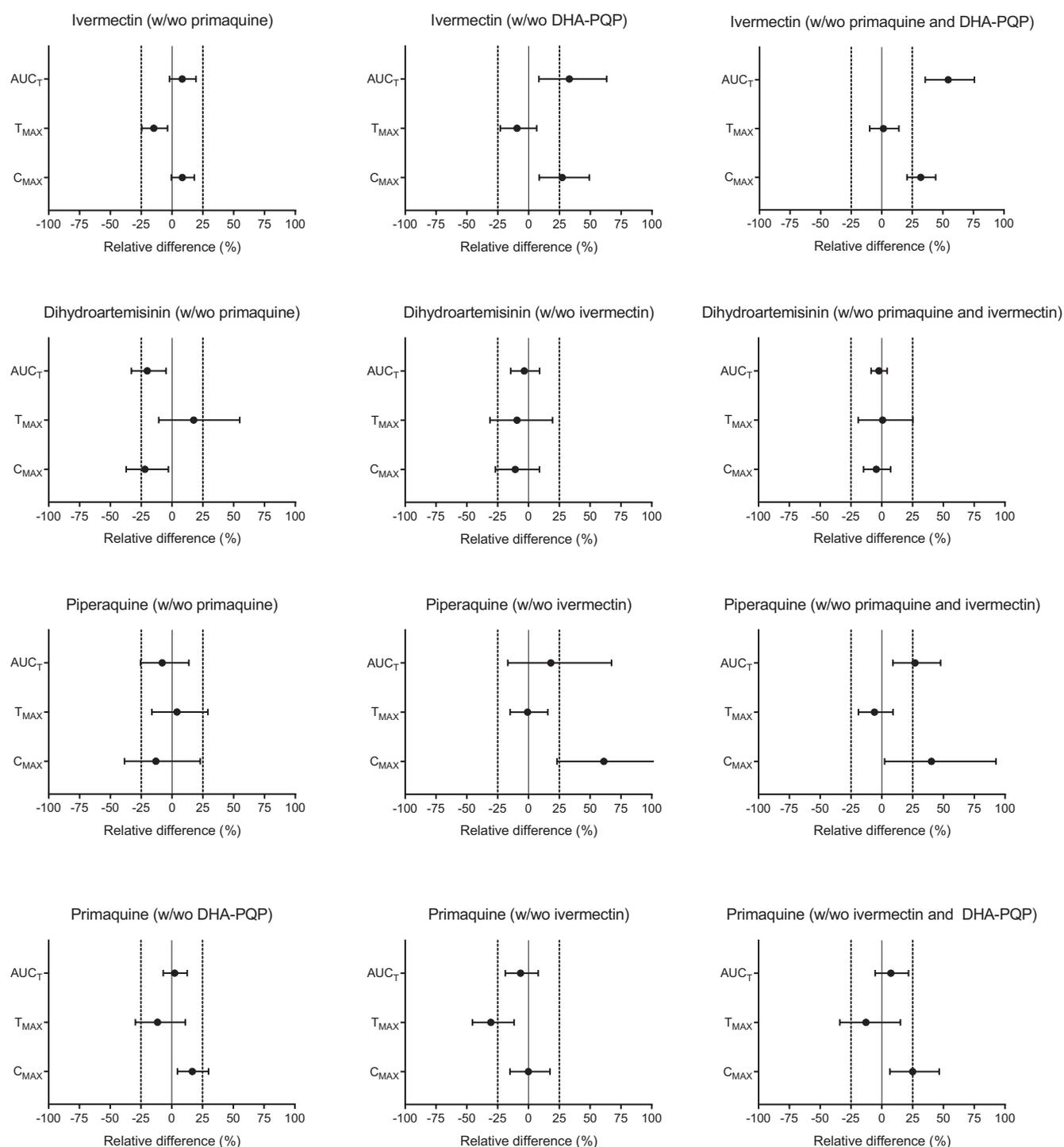
Drug measurements of ivermectin in venous and capillary blood showed an ~1:1 correlation with no substantial difference between male (slope = 0.962; 90% CI 0.910–1.014) and female (slope = 1.073; 90% CI 1.017–1.130) subjects (Figure S3a). This 1:1 correlation was maintained when comparing between ivermectin alone (slope = 1.037; 90% CI 0.997–1.078) and ivermectin plus dihydroartemisinin-piperavaquine (slope = 0.999; 90% CI 0.936–1.063; Figure S3b). Two female subjects had detectable levels of ivermectin in capillary blood at 56 days (1.12 ng/mL) and at 69 days (1.48 ng/mL) after ivermectin plus primaquine administration.

### Mosquito survival analysis

A total of 17,946 *An. dirus* and 17,626 *An. minimus* were evaluated in survival assays. Survival of both *An. dirus* and *An. minimus* was reduced significantly ( $P < 0.0001$ ) when fed volunteer blood collected at all time points, compared with baseline controls (hour 0), across all treatment regimens (Figure S4). There was significantly increased mosquito mortality for *An. dirus* when fed volunteer blood from days 6 and 10 (Figure 4a) and for *An. minimus* when fed volunteer blood from day 10 (Figure 4b) in all regimens containing dihydroartemisinin-piperavaquine compared with regimens of ivermectin alone. For *An. dirus*, mosquito mortality was increased by 20.2-fold when fed human volunteer blood after ivermectin administration (*in vivo* 7-day lethal concentration 50% ( $LC_{50}$ ) = 2.86 ng/mL; 95% CI 2.67–3.05; Figure 5b) compared with our previous *in vitro* results with ivermectin compound mixed with human blood (*in vitro* 7-day- $LC_{50}$  = 57.65 ng/mL; 95% CI 52.30–63.12;

Figure 5a).<sup>15</sup> For *An. minimus*, mosquito mortality was 35.0-fold higher when fed human volunteer blood after ivermectin administration (*in vivo* 7-day- $LC_{50}$  = 0.42 ng/mL; 95% CI 0.39–0.46; Figure 5d) compared with our previous *in vitro* results (7-day- $LC_{50}$  = 14.68 ng/mL; 95% CI 11.51–18.12; Figure 5c).<sup>15</sup> Comparing the ivermectin concentration-time curve and the *An. dirus* mortality-time curve illustrates the discordance between pharmacokinetic and pharmacodynamic processes based on parent compound concentrations alone, suggesting the presence of more slowly eliminated ivermectin metabolites with mosquito-lethal effects (Figure 6).

There were small but significant differences in *An. dirus* mortality when using human volunteer blood from men (10-day- $LC_{50}$  = 2.35 ng/mL; 95% CI 2.23–2.48) and women (10-day- $LC_{50}$  = 2.90 ng/mL; 95% CI 2.75–3.04). There were also minor differences in *An. dirus* mortality between drug regimens: ivermectin alone (10-day- $LC_{50}$  = 2.66 ng/mL; 95% CI 2.49–2.83), ivermectin plus primaquine (10-day- $LC_{50}$  = 2.53 ng/mL; 95% CI 2.24–2.83), ivermectin plus dihydroartemisinin-piperavaquine (10-day- $LC_{50}$  = 2.67 ng/mL; 95% CI 2.46–2.89), and ivermectin plus dihydroartemisinin-piperavaquine plus primaquine (10-day- $LC_{50}$  = 2.95 ng/mL; 95% CI 2.75–3.15). The estimated intracluster correlation value for *An. dirus* mortality was 0.264. Mortality rates in *An. minimus* were extremely high (Figure 4, Figure S4) with 10-day- $LC_{50}$  values below the lower limit of ivermectin detection (0.776 ng/mL), therefore, further analyses of *An. minimus* mortality were not performed. Hazard ratios for mosquito mortality by day post-blood meal ingestion indicate that most mosquito mortality occurs in the first 3 days for both species. Blood from later time points post-drug administration (e.g., days 6 and 10) fed to *An. dirus* had a delayed lethal effect. Hazard ratios for mortality for *An. dirus* and *An. minimus* (Figure S5) were much higher than for *An. gambiae*,<sup>25</sup> but this was due in part to the high baseline control (hour 0) survival (Figure 4, Figure S4). *In vitro* membrane feeding results with piperavaquine-spiked blood indicated no effect of parent compound on *An. dirus* survival ( $P > 0.05$ ; Figure S6).



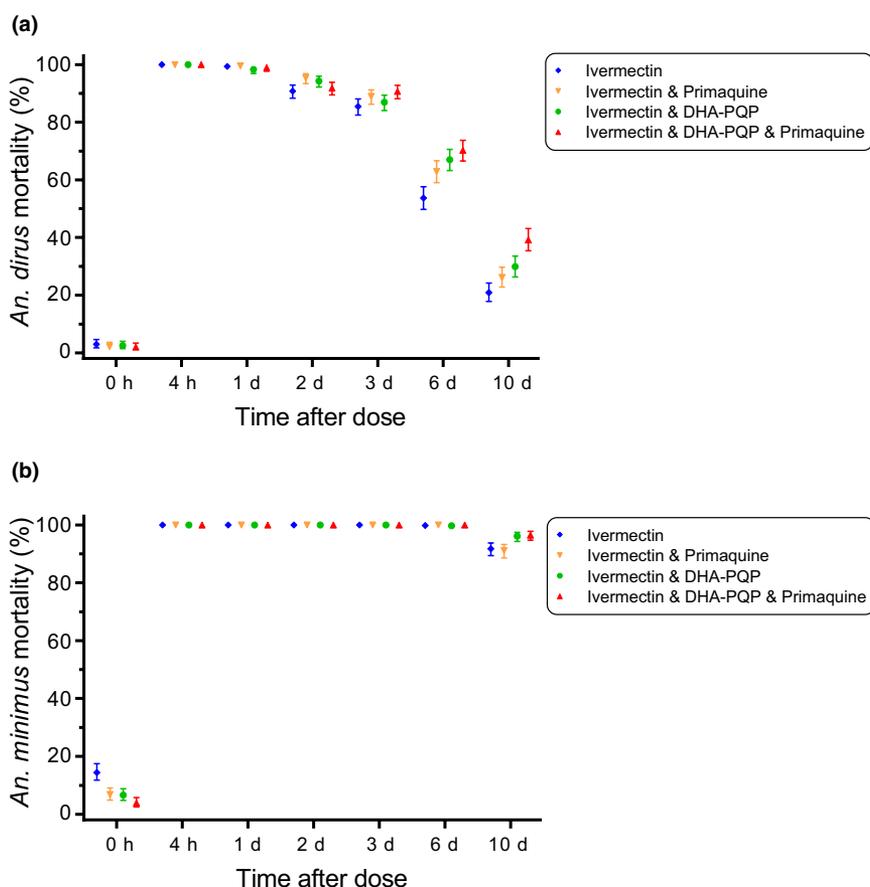
**Figure 3** Drug–drug interaction effects, stratified by drug and treatment regimen. Graphs represent Forest plots of geometric mean ratios of pharmacokinetic parameters (circles) and associated 90% confidence intervals around these ratios (bars). The solid vertical lines represent no interaction, whereas vertical dashed lines represent an effect of  $\pm 25\%$  relative difference, deemed to represent a clinical relevant effect. AUC<sub>T</sub>, area under the concentration–time curve from time zero to the last measured concentration; C<sub>max</sub>, peak plasma concentration; DHA-PQP, dihydroartemisinin-piperavaquine; T<sub>max</sub>, time to reach maximum concentration.

## DISCUSSION

All drugs were well tolerated. The only apparent safety concern was a presumed drug–drug interaction in a 40-year-old female subject, which occurred on both occasions when ivermectin was co-administered with dihydroartemisinin-piperavaquine. Her AST and ALT levels rose quickly postdose but returned to normal within 10 days (Figure 1) without a

concomitant rise in bilirubin (i.e., no violation of Hy's Law) and without symptoms. Further investigation revealed no alternative cause for these increases in liver enzymes, and the ivermectin and piperavaquine concentrations were not elevated compared with other volunteers.

Piperavaquine has been rarely associated with liver injury. A multicountry study in Africa with dihydroartemisinin-piperavaquine treatment of > 10,000



**Figure 4** Mosquito lethal effects of ivermectin, across all drug regimens, stratified by *Anopheles dirus* (a) and *Anopheles minimus* (b). Filled symbols represent the cumulative mean mosquito mortality at 10 days post-blood meal, across the different ivermectin-containing drug regimens, at each blood collection time point. Bars represent the 95% confidence intervals around these means. DHA-PQP, dihydroartemisinin-piperazine.

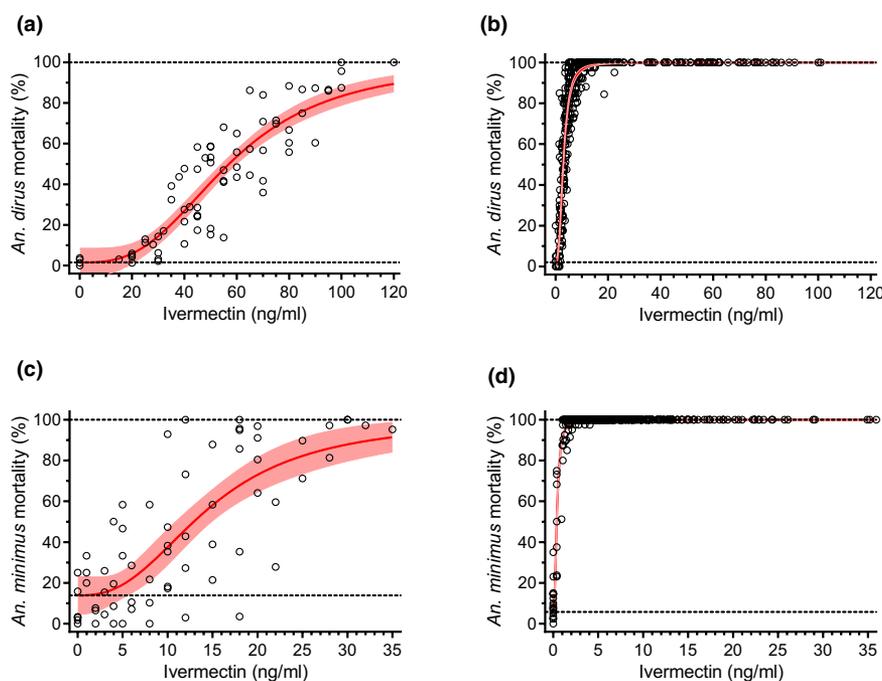
malaria-infected patients found elevated levels of AST and ALT ( $> 2 \times \text{ULN}$ ) on day 7, in 19 and 13 patients, respectively.<sup>26</sup> It is unclear whether those elevations were related to malaria or to its treatment. One case of mild hepatitis was linked to dihydroartemisinin-piperazine in a *P. falciparum*-infected patient.<sup>27</sup> There are some reports of hepatotoxicity associated with ivermectin. A previous trial reported an increased ALT and gamma-glutamyl transferase, possibly linked to ivermectin, in a 37-year-old woman with cholelithiasis after ivermectin treatment with a dose of 2 mg/kg, which is five times higher than doses used in this trial.<sup>28</sup> Minor increases in AST and ALT were observed in three elderly Japanese patients when treated with ivermectin (200  $\mu\text{g}/\text{kg}$  twice 1 week apart) for scabies who were also on zopiclone, amlodipine, lansoprazole, zolpidem, and rabeprazole.<sup>29</sup> There are two reports of ivermectin alone inducing liver damage, resulting in hepatitis in a 20-year-old female with *Loa loa*<sup>30</sup> and prolonged liver dysfunction in an 85-year-old man with scabies.<sup>31</sup> In a previously published trial, 3 of 90 patients with *falciparum* who received ivermectin (300 or 600  $\mu\text{g}/\text{kg}$ ) and dihydroartemisinin-piperazine for 3 consecutive days had elevated AST and/or ALT values (grade 3). Two patients had grade 1 levels and one patient had grade 3 levels at enrollment.<sup>25</sup> The findings of increased AST and ALT following ivermectin and dihydroartemisinin-piperazine in the current and previous<sup>25</sup> trials warrant further investigation.

The ivermectin plus primaquine (30 mg) combination was well tolerated and no AEs were reported for this combination. This combination could be considered for MDAs to provide simultaneous radical cure of *Plasmodium vivax* and to prevent malaria transmission.<sup>32</sup> Further

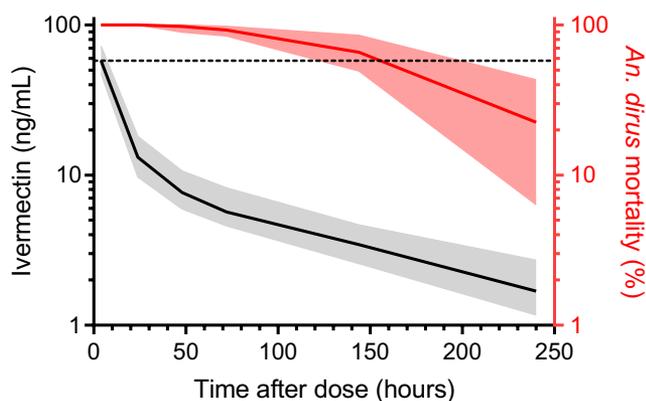
evaluation of ivermectin plus primaquine safety in *P. vivax*-infected G6PD deficient persons is warranted before full scale MDAs occur.

The overall exposure to ivermectin was increased substantially by concomitant administration of dihydroartemisinin-piperazine (increase of 33%), which was augmented further when primaquine was added (increase of 54%). The mechanism of this drug–drug interaction is unclear, but could be a consequence of interaction at CYP3A4, the main metabolic pathway for both ivermectin<sup>33</sup> and piperazine.<sup>34</sup> Co-administration of primaquine alone did not have a significant impact on the exposure to ivermectin, suggesting that the drug–drug interaction is driven primarily by dihydroartemisinin-piperazine. Ivermectin is safe in much larger doses<sup>28</sup> than administered here, so this increase in ivermectin exposure is unlikely to be of clinical significance.

The pharmacokinetic properties of piperazine were unaffected when primaquine alone was co-administered. Although peak piperazine concentrations were elevated when co-administered with ivermectin (a 61% increase) there was no impact on total exposure. However, ivermectin plus primaquine did increase exposure to piperazine, with a 27% and 40% increase in total exposure and peak concentrations, respectively. This could be a consequence of a competition for CYP3A4 biotransformation. In contrast, a previous pharmacokinetic study showed that piperazine parameter estimates were not influenced by co-administration of ivermectin.<sup>35</sup> Possible explanations for these differences between studies could relate to the different study designs, populations (Thai and Kenyan) and disease states (healthy and *P. falciparum* infected).



**Figure 5** Mosquito lethal effects of ivermectin, after membrane feeding to *Anopheles dirus* (a, b) and *Anopheles minimus* (c, d), using ivermectin-spiked blood a, c and human volunteer blood after ivermectin administration b, d. *In vitro* spiked blood a, c represents healthy human blood spiked with known concentrations of ivermectin reference standard. *In vivo* volunteer blood b, d represents human volunteer blood collected in healthy volunteers at various time points after oral administration of ivermectin (400  $\mu\text{g}/\text{kg}$ ), and drug concentrations measured using liquid chromatography mass spectrometry. Open circles represent cumulative mosquito mortality 7 days after blood meal ingestion. Solid red lines represent the mean concentration-response relationship and the dashed red lines represent the 95% confidence interval associated with the nonlinear fit. Dashed black lines represent the estimated minimum effects based on control mosquito mortality, and fixed maximum effects of 100% mortality.



**Figure 6** Pharmacokinetic and pharmacodynamic effects of ivermectin. Observed ivermectin concentration (black, left y-axis) and *Anopheles dirus* mosquito mortality (red; right y-axis) plotted vs. time. Solid lines represent median values and shaded areas represent the interquartile range (25–75th percentile). The dashed black line represents the *An. dirus in vitro* 7-day-lethal concentration 50%-value (57.65 ng/mL).

The substantial increases in peak plasma concentrations of piperazine when co-administered with ivermectin alone (61%) or with primaquine (40%), did not have a significant effect on QT-interval prolongation (Figure 2), suggesting that these pharmacokinetic interactions did not translate into an increased risk of arrhythmia. Furthermore, the overall relationship between piperazine concentrations and  $\Delta\text{QTcS}$  was not substantially different between regimens. However, this study was not

designed as a thorough QT study. Thus, one limitation is that no placebo regimen was included, and it is, therefore, not possible to apply double-delta corrections, and compensate for potential circadian changes in heart rate and/or QT-intervals.

The pharmacokinetic properties of primaquine were largely unaffected by coadministration of ivermectin. A previous study demonstrated a significant reduction in primaquine clearance and volume of distribution, resulting in higher peak concentrations and increased overall exposure, when co-administered with dihydroartemisinin-piperazine.<sup>36</sup> This study shows the same trend of increased peak concentrations both when given together with dihydroartemisinin-piperazine alone or with ivermectin plus dihydroartemisinin-piperazine. This is unlikely to be of clinical significance.

As expected, the pharmacokinetic properties of dihydroartemisinin were unaffected by concomitant administration of ivermectin and/or primaquine, except for a small but probably clinically insignificant reduction in peak concentrations (22%) when co-administered with primaquine alone, but total exposure was unaffected.

Ivermectin was lethal to *An. dirus* and *An. minimus* (Figure 4 and Figure S4) for a much longer time than predicted previously from a pharmacokinetic-pharmacodynamic model linking *in vitro* membrane feeding results with ivermectin compound spiked in human blood.<sup>15</sup> Ivermectin 7-day- $\text{LC}_{50}$ -values for *An. dirus* and *An. minimus* from this trial were 20-fold and 35-fold lower than the *in vitro* results, respectively (Figure 5). There was also a substantial temporal discrepancy when comparing ivermectin plasma concentration-time data with mosquito-lethal effects over time. Ivermectin concentrations fell below the estimated *in vitro* 7-day- $\text{LC}_{50}$  within 24 hours of drug administration, whereas more than half of the maximum mosquito-killing effect was maintained for up to 7 days after drug administration (Figure 6). One possible explanation is that previously uncharacterized, slowly eliminated ivermectin metabolites may have mosquito-lethal effects,

increasing mosquito mortality beyond that predicted by the parent compound alone. Some 10–12 ivermectin metabolites have been identified using animal and human liver microsomes.<sup>33,37</sup> A very small ( $n = 4$ ) ivermectin mass balance study determined that mean peak plasma concentrations of these metabolites were 2.5-fold higher than that of the parent compound, and the effective half-lives of the metabolites were approximately 6-fold longer compared with ivermectin.<sup>38</sup>

In this and previous studies at this location, all mosquito experiments were performed at the same facility, with the same mosquito strains, and both *in vitro* results (membrane feeding mosquitoes with blood spiked with ivermectin) and *in vivo* results (membrane feeding mosquitoes with blood from human volunteers receiving ivermectin) showed close to 100% survival in control mosquitoes. Thus, active ivermectin metabolites, with mosquito-lethal properties, seem a plausible explanation to this substantially (20-fold and 35-fold) increased susceptibility to ivermectin *in vivo*. If slowly eliminated ivermectin metabolites impart a mosquito-lethal effect, then this would explain the longer duration of mosquito mortality than initially predicted.<sup>15</sup> This greater than previously estimated period of mosquito killing supports the use of ivermectin MDA for malaria transmission suppression in the GMS.

When ivermectin was co-administered with dihydroartemisinin-piperaquine there was an increase in *An. dirus* mortality compared with ivermectin alone when the mosquitoes fed blood from days 6 and 10 postdose (Figure 4a), and an increase in *An. minimus* mortality when fed blood from day 10 postdose (Figure 4b). *In vitro* membrane feeding results with piperaquine-spiked blood indicated no effect of parent compound on *An. dirus* survival (Figure S6). Furthermore, if dihydroartemisinin-piperaquine was lethal to mosquitoes, it would have reduced *An. dirus* ivermectin LC<sub>50</sub>-values associated with dihydroartemisinin-piperaquine-containing regimens below that of ivermectin alone, but this did not occur. Co-administration of ivermectin with dihydroartemisinin-piperaquine led to increased C<sub>max</sub> and AUC<sub>T</sub> values for ivermectin (Figure 3a), which presumably explains the increased mosquito mortality with dihydroartemisinin-piperaquine-containing regimens (Figure 4), and may also explain the prolonged mosquito-lethal effect observed with *An. gambiae* in a previous trial.<sup>25</sup> An effect on bioactive ivermectin metabolite disposition may also occur.

Blood from male subjects was slightly more lethal to *An. dirus* than from female subjects. This contradicts findings from two previous studies in *P. falciparum*-infected patients in which ivermectin was co-administered with artemether-lumefantrine in Burkina Faso<sup>39</sup> and dihydroartemisinin-piperaquine in Kenya.<sup>25</sup> However, this discrepancy could be an artifact of small sample size in the current study. As both male and female subjects' blood was lethal to *An. dirus* with ivermectin 10-day-LC<sub>50</sub>-values below 3 ng/mL, it is unlikely that this difference would be of major relevance in field MDA settings.

Capillary and venous blood ivermectin concentrations were similar (Figure S3). Ivermectin is a very lipophilic drug, which disperses into dermal compartments at twofold to threefold higher concentrations than venous plasma in both rats<sup>40</sup> and humans.<sup>41</sup> Mosquitoes feed from subdermal capillaries and not primary veins and arteries. It was proposed previously that mosquitoes may imbibe higher ivermectin concentrations than predicted from venous plasma.<sup>42</sup> It is also possible that ivermectin metabolites may occur at higher concentrations in subdermal capillaries and this could contribute to enhanced mosquito-lethal effects. Two previous studies showed conflicting results. In a study from Brazil, ivermectin was more lethal to *An. aquasalis* that directly fed on ivermectin-treated persons compared with membrane-fed venous blood from the same volunteers,<sup>43</sup> whereas no difference was observed for *An. gambiae* in Kenya with similar experimental design.<sup>44</sup> The detection of ivermectin in capillary blood in two subjects at 56 and 69 days postdose of ivermectin plus primaquine suggest a possible very slow terminal elimination phase. Further comparisons of membrane feeds with venous blood and direct mosquito feeds should be conducted over protracted periods.

MDAs with ACTs are unlikely to select for drug resistance in asymptomatic persons.<sup>45</sup> The addition of ivermectin during dihydroartemisinin-piperaquine MDA could further reduce likelihood of antimalarial drug resistance development and spread by several mechanisms. Increased piperaquine concentrations during ivermectin coadministration reduce the likelihood of parasite exposure to suboptimal partner drug concentrations. Conversely, if suboptimal piperaquine concentrations occur due to incomplete ACT treatment, missed doses, poor absorption, or unusual pharmacokinetics, then the enhanced reduction in parasite transmission by ivermectin would reduce the number of new infections exposed to suboptimal partner drug concentrations. Finally, drug-resistant parasites ingested by mosquitoes before MDA or from untreated persons would not be transmitted if the mosquito is killed by ivermectin during a later blood meal before the mosquito has developed infectious sporozoites.

This study found the combination of ivermectin plus dihydroartemisinin-piperaquine plus primaquine to be generally well tolerated. One subject had a drug–drug interaction with ivermectin plus dihydroartemisinin-piperaquine, which increased AST and ALT to levels of concern and warrants further investigation. Co-administration of ivermectin plus dihydroartemisinin-piperaquine led to increased concentrations of ivermectin, which imparted a greater mosquito-lethal effect. The much greater mosquito-lethal effect demonstrated in this study compared with previous ivermectin *in vitro* results suggest that there may be ivermectin metabolites with mosquito-lethal effects.

#### SUPPORTING INFORMATION

Supplementary information accompanies this paper on the *Clinical Pharmacology & Therapeutics* website ([www.cpt-journal.com](http://www.cpt-journal.com)).

Figure S1.

Figure S2.

Figure S3.

Figure S4.

Figure S5.

Figure S6.

Table S1.

Table S2.

Table S3.

Supplemental Text, Figure, and Table Legends.

#### ACKNOWLEDGMENTS

We are grateful to the volunteers for their participation in the trial, the nurses of the Clinical Therapeutics Unit and the Mahidol University Hospital for Tropical Diseases for their support conducting the trial, the AFRIMS Insectary, Malariology, and Vector Biology & Control sections and Joi Larson for mosquito-related laboratory support. This work was performed while Kevin Kobylinski held a National Research Council Fellowship.

#### DISCLAIMER

Material has been reviewed by the Walter Reed Army Institute of Research. There is no objection to its presentation and/or publication. The opinions or assertions contained herein are the private views of the authors, and are not to be construed as official, or as reflecting true views of the Department of the Army or the Department of Defense. The investigators have adhered to the policies for protection of human subjects as prescribed in AR 70–25.

#### FUNDING

This study was funded by the UK Department for International Development (GB-1-201900). The Mahidol Oxford Tropical Medicine Research Unit is funded by the Wellcome Trust of Great Britain. The pharmacokinetic work was funded through a grant from the Bill & Melinda Gates Foundation (OPP1134284). The funders had no part in the study design, implementation, or analysis of the study or in the decision to publish the results.

#### CONFLICT OF INTEREST

The authors declared no competing interests for this work.

## AUTHOR CONTRIBUTIONS

K.C.K., P.J., R.vdP., R.H., N.J.W., and J.T. wrote the manuscript. K.C.K., P.J., B.H., R.vdP., A.D., N.J.W., and J.T. designed the research. K.C.K., P.J., B.H., and K.P. performed the research. K.C.K., P.J., M.W., R.M.H., M.M., and J.T. analyzed the data.

© 2019 The Authors. *Clinical Pharmacology & Therapeutics* published by Wiley Periodicals, Inc. on behalf of American Society for Clinical Pharmacology and Therapeutics.

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

- Smith Gueye, C. *et al.* The challenge of artemisinin resistance can only be met by eliminating *Plasmodium falciparum* malaria across the Greater Mekong subregion. *Malaria J.* **13**, e286 (2014).
- Landier, J. *et al.* Effect of generalised access to early diagnosis and treatment and targeted mass drug administration on *Plasmodium falciparum* malaria in Eastern Myanmar: an observational study of a regional elimination programme. *Lancet* **391**, 1916–1926 (2018).
- Pongvongsa, T. *et al.* The dynamic of asymptomatic *Plasmodium falciparum* infections following mass drug administrations with dihydroartemisinin-piperazine plus a single low dose of primaquine in Savannakhet Province, Laos. *Malaria J.* **17**, e405 (2018).
- Tripura, R. *et al.* A controlled trial of mass drug administration to interrupt transmission of multidrug-resistant falciparum malaria in Cambodian villages. *Clin. Infect. Dis.* **67**, 817–826 (2018).
- von Seidlein, L. *et al.* The impact of targeted malaria elimination with mass drug administrations on falciparum malaria in Southeast Asia: a cluster randomised trial. *PLoS Med.* **16**, e1002745 (2019).
- Lwin, K. *et al.* Randomized, double-blind, placebo-controlled trial of monthly versus bimonthly dihydroartemisinin-piperazine chemoprevention in adults at high risk of malaria. *Antimicrob. Agents Chemother.* **56**, 1571–1577 (2012).
- Bergstrand, M., Nosten, F., Lwin, K., Karlsson, M., White, N. & Tarning, J. Characterization of an in vivo concentration-effect relationship for piperazine in malaria chemoprevention. *Science Transl. Med.* **6**, 260ra147 (2014).
- Rieckmann, K., McNamara, J., Frischer, H., Stockert, T., Carson, P. & Powell, R. Gametocytocidal and sporontocidal effects of primaquine and of sulfadiazine with pyrimethamine in a chloroquine-resistant strain of *Plasmodium falciparum*. *Bull. World Health Organ.* **38**, 625–632 (1968).
- Rieckmann, K., McNamara, J., Kass, L. & Powell, R. Gametocytocidal and sporontocidal effects of primaquine upon two strains of *Plasmodium falciparum*. *Military Med.* **134**, 802–819 (1969).
- White, N., Qiao, L., Qi, G. & Luzzatto, L. Rationale for recommending a lower dose of primaquine as a *Plasmodium falciparum* gametocytocide in populations where G6PD deficiency is common. *Malaria J.* **11**, e418 (2012).
- Coleman, R., Nath, A., Schneider, I., Song, G., Klein, T. & Milhous, W. Prevention of sporogony of *Plasmodium falciparum* and *P. berghei* in *Anopheles stephensi* mosquitoes by transmission-blocking antimalarials. *Am. J. Trop. Med. Hyg.* **50**, 646–653 (1994).
- Trung, H., van Bortel, W., Sochantha, T., Keokenchanh, K., Briët, O. & Coosemans, M. Behavioural heterogeneity of *Anopheles* species in ecologically different localities in Southeast Asia: a challenge for vector control. *Trop. Med. Int. Health* **10**, 251–262 (2005).
- Van Bortel, W. *et al.* Malaria transmission and vector behaviour in a forested malaria focus in central Vietnam and the implications for vector control. *Malaria J.* **9**, e373 (2010).
- Smithuis, F. *et al.* Entomological determinants of insecticide-treated bed net effectiveness in Western Myanmar. *Malaria J.* **12**, e364 (2013).
- Kobylinski, K. *et al.* Ivermectin susceptibility and sporontocidal effect in Greater Mekong Subregion *Anopheles*. *Malaria J.* **16**, e280 (2017).
- Alout, H. *et al.* Evaluation of ivermectin mass drug administration for malaria transmission control across different West African environments. *Malaria J.* **13**, e417 (2014).
- Foy, B. *et al.* Efficacy and risk of harms of repeat ivermectin mass drug administrations for control of malaria (RIMDAMAL): a cluster-randomised trial. *Lancet* **393**, 1517–1526 (2019).
- Landier, J. *et al.* Safety and effectiveness of mass drug administration to accelerate elimination of artemisinin-resistant falciparum malaria: a pilot trial in four villages of Eastern Myanmar. *Wellcome Open Res.* **2**, e81 (2017).
- Okeibunor, J. *et al.* Where would I be without ivermectin? Capturing the benefits of community-directed treatment with ivermectin in Africa. *Trop. Med. Int. Health* **16**, 608–621 (2011).
- Kobylinski, K. *et al.* Rationale for the coadministration of albendazole and ivermectin to humans for malaria parasite transmission control. *Am. J. Trop. Med. Hyg.* **91**, 655–662 (2014).
- Hanpithakpong, W. *et al.* A liquid chromatographic-tandem mass spectrometric method for determination of artesunate and its metabolite dihydroartemisinin in human plasma. *J. Chromatogr. B Analyt. Technol. Biomed. Life Sci.* **876**, 61–68 (2008).
- Lindegardh, N., Annerberg, A., White, N. & Day, N. Development and validation of a liquid chromatographic-tandem mass spectrometric method for determination of piperazine in plasma stable isotope labeled internal standard does not always compensate for matrix effects. *J. Chromatogr. B Analyt. Technol. Biomed. Life Sci.* **862**, 227–236 (2008).
- Phasomkusolsil, S. *et al.* The relationship between wing length, blood meal volume, and fecundity for seven colonies of *Anopheles* species housed at the Armed Forces Research Institute of Medical Sciences, Bangkok, Thailand. *Acta Tropica* **152**, 220–227 (2015).
- National Institute of Allergy and Infectious Diseases. Division of AIDS (DAIDS) table for grading the severity of adult and pediatric adverse events. Vol. Version 2.0 (ed. National Institutes of Health) 30 (2014).
- Smit, M. *et al.* Safety and mosquitocidal efficacy of high-dose ivermectin when co-administered with dihydroartemisinin-piperazine in Kenyan adults with uncomplicated malaria (IVERMAL): a randomised, double-blind, placebo-controlled trial. *Lancet Infect. Dis.* **18**, 615–626 (2018).
- Adjei, A. *et al.* Treatment outcomes in a safety observational study of dihydroartemisinin/piperazine (Eurartesim®) in the treatment of uncomplicated malaria at public health facilities in four African countries. *Malaria J.* **15**, e43 (2016).
- Pousibet-Puerto, J. *et al.* Impact of using artemisinin-based combination therapy (ACT) in the treatment of uncomplicated malaria from *Plasmodium falciparum* in a non-endemic zone. *Malaria J.* **15**, e339 (2016).
- Guzzo, C. *et al.* Safety, tolerability, and pharmacokinetics of escalating high doses of ivermectin in healthy adult subjects. *J. Clin. Pharmacol.* **42**, 1122–1133 (2002).
- Miyajima, A. *et al.* Effect of high-fat meal intake on the pharmacokinetic profile of ivermectin in Japanese patients with scabies. *J. Dermatol.* **43**, 1030–1036 (2016).
- Veit, O., Beck, B., Steuerwald, M. & Hatz, C. First case of ivermectin-induced severe hepatitis. *Trans. Royal Soc. Trop. Med. Hyg.* **100**, 795–797 (2006).
- Hirota, M., Tosifusa, T., Hiraku, M. & Mineshita, S. A case report of ivermectin-induced prolonged liver dysfunction in an elderly patient with scabies. *Japanese J. Clin. Pharmacol. Therapeut.* **42**, 341–343 (2011).
- Kobylinski, K. *et al.* Ivermectin susceptibility, sporontocidal effect, and inhibition of time to re-feed in the Amazonian malaria vector *Anopheles darlingi*. *Malaria J.* **16**, e474 (2017).
- Zeng, Z., Andrew, N., Arison, B., Luffer-Atlas, D. & Wang, R. Identification of cytochrome P4503A4 as the major enzyme responsible for the metabolism of ivermectin by human liver microsomes. *Xenobiotica* **28**, 313–321 (1998).

34. Lee, T. *et al.* *In vitro* metabolism of piperazine is primarily mediated by CYP3A4. *Xenobiotica* **42**, 1088–1095 (2012).
35. Smit, M. *et al.* Pharmacokinetics-pharmacodynamics of high-dose ivermectin with dihydroartemisinin-piperazine on mosquito activity and QT-Prolongation (IVERMAL). *Clin. Pharmacol. Ther.* **105**, 388–401 (2018).
36. Hanboonkunupakarn, B. *et al.* Open-label crossover study of primaquine and dihydroartemisinin-piperazine pharmacokinetics in healthy adult Thai subjects. *Antimicrob. Agents Chemother.* **58**, 7340–7346 (2014).
37. Chiu, S., Taub, R., Sestokas, E., Lu, A. & Jacob, T. Comparative *in vivo* and *in vitro* metabolism of ivermectin in steers, sheep, swine, and rat. *Drug Metab. Rev.* **18**, 289–302 (1987).
38. Merck Research Laboratories. Stromectol new drug application. 1–381 (FDA Center for drug evaluation and research, 1996).
39. Ouédraogo, A. *et al.* Efficacy and safety of the mosquitoicidal drug ivermectin to prevent malaria transmission after treatment: a double-blind, randomized, clinical trial. *Clin. Infect. Dis.* **60**, 357–365 (2015).
40. Miyajima, A., Kigure, A., Anata, T. & Hirota, T. Mechanism for transport of ivermectin to the stratum corneum in rats. *Drug Metab. Pharmacokinet.* **30**, 385–390 (2015).
41. Baraka, O., Mahmoud, B., Marschke, C., Geary, T., Homeida, M. & Williams, J. Ivermectin distribution in the plasma and tissues of patients infected with *Onchocerca volvulus*. *Eur. J. Clin. Pharmacol.* **50**, 407–410 (1996).
42. Kobylinski, K. *et al.* The effect of oral anthelmintics on the survivorship and re-feeding frequency of anthropophilic mosquito disease vectors. *Acta Tropica* **116**, 119–125 (2010).
43. Sampaio, V. *et al.* Filling gaps on ivermectin knowledge: effects on the survival and reproduction of *Anopheles aquasalis*, a Latin American malaria vector. *Malaria J.* **15**, e491 (2016).
44. Smit, M. *et al.* Human direct skin feeding versus membrane feeding to assess the mosquitoicidal efficacy of high-dose ivermectin (IVERMAL Trial). *Clin. Infect. Dis.* **69**, 1112–1119 (2018).
45. White, N. Does antimalarial mass drug administration increase or decrease the risk of resistance? *Lancet Infect. Dis.* **17**, e15–e20 (2017).